

BHMD Acknowledgement of Risk/Waiver/Release of Liability

In consideration for being allowed to engage in performance activities, whether standard or special event, arranged or off-property activities, at TPC Colorado or anywhere in Berthoud-Heritage Metro Districts "BHMD".

I understand fully that I will be voluntarily engaging in physical activities (which include but are not limited to the use of exercise or recreational equipment, fitness classes) that could involve serious risk of severe injury or illness, physical bodily harm, or other circumstances involving the loss of life, which might result from either my own actions or the actions or inactions or negligence of others.

I understand the rules or conditions of the premises or any equipment, as well as the safe and proper use of equipment at TPC Colorado/BHMD. I am physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of such equipment or machinery. I further acknowledge that there may be other risks not known to me or reasonably foreseeable at this time. I assume all the foregoing risks and accept personal liability for the damages following such injury, caused, or alleged to be caused, in whole or in part from the activity. I further release, waive, discharge, hold harmless and indemnify TPC Colorado, Berthoud-Heritage Metro Districts, its owners, board members, managers, employees, and agents, ("Releasees") from all demands, losses, or damages on account of injuries caused or alleged to be caused, in whole or in part, by the negligence of Releasees.

If person participating in activities is under 16 years of age, another document must be signed and agreed by parent or guardian, who may or may not be engaging in these activities and will be legally responsible and accept full responsibility for any injury sustained or caused to others.

If past due on operations fees or have covenant/guideline violations access to amenities can be limited.

Acknowledgement of Fitness Center Rules

- No talking on cell phones in the clubhouse including the entire fitness center area.
- For your own safety members must wear closed toe athletic shoes whenever they are using the gym.
- Please no food or glass in the gym.
- Please wear proper attire including a shirt when using the gym.
- Please re-rack all weights and put all fitness tools away after you finish your workout.
- Please wipe off machines when you've finished your workout.
- Please use a towel when using benches in the gym.
- Outside personal trainers and instructors are not allowed in the gym.
- Guest policy: guests are allowed for a \$10/day fee, provided they are accompanied by a Resident or Member.
- Children under the age of 16 must be accompanied by an adult at all times.
- The use of the gym is limited to the gym hours of operation only.

Fitness center hours: Monday - Friday 5 am - 7 pm; Saturday and Sunday 7 am - 5 pm.

Resident Name (print): _____

Resident Address: _____

Resident Signature _____ Date _____

Acknowledgement of Risk/Waiver/Release of Liability must be filled out by each family member and second form for minors.

BHMD Acknowledgement of Risk/Waiver/Release of Liability

Please fill out for minors living in the home.

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Residents Minor Name (print) _____

Residents Minor Signature _____ Date _____

Resident Address: _____

Guardian's Name (print) _____

Guardian Signature Name _____ Date: _____